



The PROBUS Club of Durham West

Next General Meeting **August 10, 2023**, HMS Ajax Room
South Entrance Ajax Community Centre,
75 Centennial Road, Ajax, ON L1S 4S4

President's Message for August 2023

Thank you to our members and Management Committee for your suggestions, support and sense of fun. We don't say it often enough!

We have the privilege of being part of a great club. How do I know this? Our membership is growing. We have many activities. Our website is dynamic and attracts new members. Our guest speakers have been entertaining and informative. We give good value to our members and each other.

That being said, without carry-over subsidies from our post-COVID surplus and with costs going up, membership fees will have to increase in the new year. We will provide more details at our August General meeting.

Meanwhile, plans are taking shape for our annual Holiday luncheon on December 7th, 2023. Please look for an announcement in September's newsletter.

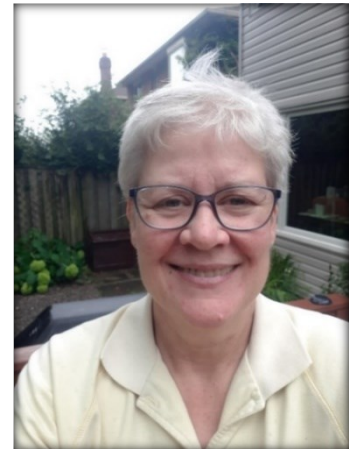
A big shout-out to our Past President, Ruth Bridge, for talking to members and focusing on filling the open positions on the Management Committee for the upcoming year. Thank you.

Summer days are hot and humid, so take care of yourselves. Wear sunglasses, sunblock and a hat. Carry a water bottle and stay hydrated. Before we know it, the Canadian National Exhibition will be on, and parents will be shopping for back-to-school supplies.

Have fun and we'll see you at the next General Meeting.

SOUND SYSTEM

The sound system issues at our General Meetings are here to stay. We will not be using the overhead speakers due to static issues. We have met with the Town and looked at various solutions. Our best available option, for now, is to use the single portable speaker at the front of the room. We encourage members to sit closer to the front to maximize their experience.



COFFEE

This is a reminder that coffee/tea will not be served at our July and August meetings.

Please feel free to bring your own coffee or tea and we will revisit this in September.

DONATIONS REMINDER

This is a reminder that Sandy Clarke, a long-time member of our club, along with several helpers, collects toiletries every year for inclusion in annual Seasonal gifts for the less fortunate.

If you have small-sized toiletries, perhaps from a recent trip, and would care to donate them to those in need please bring them to any PROBUS meeting or contact Sandy at sandyc2640@gmail.com



Men are often forgotten so any shaving products or other items that could benefit men are especially welcome. There are many men needing help these days.

Ada Larock
dwprobud.president@gmail.com

VOLUNTEERING FOR OUR MANAGEMENT TEAM POSITIONS

By Walter Matias – Vice President

We continue to try to take the mystery out of our volunteer vacancies. Last month we covered the role of Activities Chair.

Our focus so far has been on the management vacancies.

Our other volunteer positions are important too. This month we cover the role of our **Social Committee Volunteers**.

If you like working with a team of motivated volunteers, you'll enjoy this role. The entire Social Committee meets a few times at the beginning of the year to brainstorm ideas and plan out the year's events. They then break into smaller working groups to plan out these events. Ideally, the goal would be to have up to 12 events for the year.

Once an event is researched, planned and pricing is set, a form is filled out which goes to Ena Shaw to create the event on our website. No need to collect money anymore. With Wild Apricot members can register and pay for events online.

The Social Chair updates the management team monthly on the progress of the events being planned and identifies any support they may need.



If you would like to join the Social Committee, we would be happy to connect you. It's a great way to strike up some new friendships.

If you think you might be interested or want to ask questions, give us a call. You can reach us at durhamwestprobus@gmail.com. We look forward to hearing from you.

For detailed role descriptions of our management positions [Click here](#).

AUGUST SPEAKER

August 10th, 2023

KEISHA TELFER – Navigating the Home Downsizing Journey

Have you ever felt overwhelmed by the thought of decluttering your home or downsizing now that the children have grown and moved away? Well, you are not alone. Our guest speaker for August is Keisha Telfer of Transitions Reality who will help us to demystify this daunting task. Keisha is specially trained to work with clients who are 55 and older.



As we age, safety, health and unforeseen circumstances may require us to make decisions which we are not prepared for. Keisha will share valuable information about the core challenges older adults face when transitioning such as identity, health, preparing and selling their home, aging in place and more.

[Click here](#) for more information on Keisha Telfer and our past speakers.

MEMBERSHIP

We presently have 285 members but there is always room for more. Since we are halfway through the year, the membership fee is prorated so if you have friends and family that are interested in joining us, this is a great time to do so.

We really appreciate those who process registrations and payments online using Wild Apricot. It is faster and safe and makes the work of your Activity Leaders and Management Team much easier.

We have a Buddy system for anyone who requests computer training or assistance with Wild Apricot. We encourage you to take advantage of this free service that is offered by your fellow members. If you need help contact Walter Matias at dwprobus.vp@gmail.com or Ena Shaw at durhamwestprobus@gmail.com.

Something new; to speed up the process at the front registration desk, when someone is identified as a guest, they will be given a yellow lanyard to wear and will then be directed by our

greeters to the Membership Desk. We will then record their sponsors or check identification as required.

Guests may attend up to two meetings before deciding to join the Club.

Newer members can be identified by a blue lanyard, please ensure that we give them a special welcome so they get to know us.

NAME BADGES

The picture shows two new members, Barbara Dixon and Margaret Fler, receiving their membership badges at our July General Meeting.

Please wear your name badge at every PROBUS meeting and event. It helps identify you as a member and makes it easier for your fellow members to greet you and get to know you.

It also serves as a level of security.

You may purchase a replacement badge at the Membership Desk or contact us at dwprobus.membership@gmail.com if yours has gone missing. The cost of a new badge is \$25.00.



SUGGESTION BOX

Please also note that a Suggestion Box is available if you have any thoughts on how to make our club better. The box will be on the **Membership Table** at General Meetings. If you have any suggestions, please write them down and put them in the box.



Recent items received in the Suggestion Box have been reviewed by the Management Team.

1. **Having coffee returned to our meetings, perhaps by doing it ourselves.**

As you may be aware, we have had some issues with getting all the volunteers needed to run our Club. However, we now have some members that are willing to assist with this task.

Other issues were the high cost of coffee and its impact on our operating budget. Because we heavily subsidized our 2023 membership dues using our unused funds from our two COVID years, we found we couldn't continue to offer coffee every month. We tried utilizing a voluntary donation for a couple of months but unfortunately, we did not raise enough to make this a sustainable solution. We will be bringing coffee back in September now that the temporary pause has put our budget back in line.

2. Could we videotape the guest speaker and put it on our website so that members not attending the General Meeting could view it at home?

When we resumed having in-person general meetings, some members were reluctant to attend. We purchased recording equipment to allow members to experience the presentations, via Zoom, as an interim solution.

Our biggest issue going forward is that it requires several trained volunteers to run the equipment without relying on the management team to take on this task during the meeting.

Technical issues are a distraction to the presenter and attending members when the presentation must be paused. Some presenters are animated and move around a lot which would require some skilled camera work. Volunteers running the equipment also do not get to enjoy the presentation to its fullest since they are focused on keeping everything running.

Our speakers would also need to pre-authorize the recording due to intellectual property rights. We are not sure, given that we are no longer in a pandemic, that they would want this.

The biggest consideration is that PROBUS is a social organization and it is intended that we meet in person, share our ideas and create friendships. While some members would like this option when they can't attend, it's not inconceivable that some would begin choosing this option instead of attending in person, which would defeat the purpose of the club.

We seek to find the best Speakers that are available, and this is intended to add to the experience of being a member.

If several members want to volunteer for this task, please let us know at durhamwestprobus@gmail.com and the management team can re-visit the suggestion.

Bev & Dave Bicknell dwprobus.membership@gmail.com
Membership Chair

SHARE THE WEALTH

The Share the Wealth draw at our July GM was won by Ena Shaw. Ena won \$77.50.

Congratulations Ena!



SOCIAL

Please note, there are **NO REFUNDS** if you sign-up for an event and are unable to attend. You may have someone go in your place by getting payment from them and notifying the convenor of the event of the change, along with the name and phone number of the person replacing you.

If registration for an event is currently at capacity, please feel free to join the waitlist. If someone has already registered but subsequently finds that they can't attend, you can purchase their ticket. In this case, the Convenor will contact the first person on the waitlist. This is done on a person-to-person basis. Wild Apricot is not involved.

Be aware that many people are very allergic to scents so please **DO NOT wear perfume or aftershave** when attending gatherings.

Some of our members are unable to drive but would like to participate in social events. If you are planning on driving to an event and are willing to share your ride with someone unable to drive, please contact the event convenor and let them know. Likewise, if you need a ride, contact the event convenor so they can match you up with a driver.

Please use the suggestion box for feedback and ideas for social events.

[Click here](#) for information and pictures relating to past events.

ANNUAL PICNIC

Come join your fellow members at our annual picnic. There will be fun outdoor games and a delicious hot meal of roast chicken, roast potatoes, rice and garden salad.

The food is being provided by Churrasco Restaurant in Ajax. Dessert and bottled water will also be provided. The venue includes a covered picnic pavilion, so the fun will go on rain or shine!



This event is limited to the first 100 registrants.

Date: Wednesday, September 6, 2023

Time: 3:30 p.m. to 7:30 p.m.

Cost: \$22.00

Location: Cullen Central Park, 4999 Cochrane Street, Whitby

To register [Go to the Event](#)

CONVENOR: Maria Bawcutt bamb63e@gmail.com

LET'S GO BLUE JAYS!

Registration is currently at capacity but please join the waitlist.

The last exciting game of the season is taking place at the Rogers Centre on Sunday, October 1st and our club has secured 50 seats!

When every game counts, 50 lucky members will be there for the last deciding game of the season with the Blue Jays vs Tampa Bay Rays.



The seats are in the 200 Level on the west side of the ballpark between third base and home plate. To make it even more exciting it is Fan Appreciation Day and there will be two giveaways. These giveaways will be announced on the Blue Jays website. Watch for it!!

Date: Sunday, October 1, 2023

Time: 3:07 p.m.

Cost: \$59.95 including tax

Location: Rogers Centre

This is a GO train/carpool event (own expense)

To register [Go to the Event](#)

CONVENORS: Sharon Fenn slf809@hotmail.com
Sharon Marshal oxford9390@gmail.com

UPCOMING EVENTS/EXCURSIONS

For any of the following events/excursions please contact **Shirlie Van Putten** at shirlievanputten@rogers.com or call **905-619-8583**.

EUCHRE TOURNAMENT

A Euchre Tournament is being hosted at the East End Pub. In Pickering.

Come and meet fellow PROBUS members from your Club and local Clubs!

Everyone is welcome.

Date: August 14, 2023.

Time: 6:30 p.m.



Cost: \$8:00

Location: East End Pub (1400 Bayly Street, Pickering)

Prizes as follows:

High Score, 2nd High Score

Most Lone Hands, Most Euchres

Any additional prizes will be based on the amount collected!

All money collected will be in the prize fund!

DAY TRIPS

Thursday, September 29 – Georgian Spirit Boat Cruise - \$168

This is a dinner cruise with music and dancing.

Georgian Spirit boat cruises offer more than 30,000 islands and beautiful sites in Georgian Bay. Enjoy a delicious BBQ dinner on the cruise from Beausoleil Island to Honey Harbour. Georgian Bay is full of history and spectacular sights.

Your trip includes:

- Return round trip by motor coach;
- BBQ chicken & ribs for dinner;
- Sunset Cruise;
- Driver Tip.

Thursday, November 9 – St. Jacob’s Sparkles – \$125

Kick off your holiday shopping season with a visit to St. Jacob’s Farmers Market. Explore 250+ vendors - fresh produce, international cuisine, artisans & more! Visit the Farmers Market, Picard’s Peanuts and the Village of St. Jacob’s.

Your trip includes:

- Return transportation by luxury Coach;
- Dinner at the Jacob’s Grill;
- Visit to Farmer’s Market;
- Visit to Picard’s Peanuts.

Wednesday, December 13 – A Christmas Carol - \$ TBD

Ebenezer Scrooge is back! Nestled in the heart of the ultimate Christmas village, the charming holiday favourite A Christmas Carol returns to the Shaw Festival’s Royal George Theatre. It’s

the perfect annual reminder of what Christmas is all about. Arrive feeling “Bah, humbug!” and leave full of warm, fuzzy Christmas spirit.

Your trip includes:

- Return transportation to the Shaw Festival by motor coach;
- Lunch at a local restaurant;
- Orchestra Level ticket to see “A Christmas Carol”;
- 407 Toll;
- Tip for driver.

MULTI-DAY TRIPS

September 3-8 – New Orleans - Cost \$2,699

Your five-night stay in New Orleans is at the DRURY INN -Located in the historic Cumberland Phone Building just one block from the St. Charles trolley.

Your stay in New Orleans Includes:

- New Orleans City Orientation tour;
- Tour to the Houmas Plantation, including lunch;
- Bayou Swamp Tour.

November 16-23 – King Meets Country – Memphis & Nashville – Cost \$3,700

Your trip includes:

- Round trip direct airfare from Toronto to Nashville;
- Three nights in Memphis – downtown hotel including breakfast;
- Four nights in Nashville – downtown hotel including breakfast - also includes evening “Happy Hour” - snacks & drinks;
- City tours of Memphis and Nashville;
- Graceland - the “Elvis Experience” and Sun Studio;
- Country Music Hall of Fame + RCA Studio B;
- Grand Ole Opry and The Ryman Auditorium;
- **Performance at the Grand Old Opry - the highlight of the tour!!!**

ACTIVITIES

The PROBUS Club provides its members with the opportunity to join a wide variety of Activity groups. If you are interested in joining a group, the activity leaders are looking forward to hearing from you, and their contact information is available on the webpage.

Certain activity groups have participant limits, due to the nature of the group, and there is a waiting list. If you have an interest in a particular group that is at capacity, please contact the Activity Chair (bev.waite@outlook.com), and your name will be added to a waiting list, or consider becoming an activity leader.

Tips and tricks are available for new group leaders to start a new group. Starting a new group provides you with an opportunity to meet like-minded people who enjoy the same activity as you.

If you are interested in joining a group, we are looking forward to hearing from you. Please reach out to our Activities Chair, Bev Waite at bev.waite@outlook.com

Mahjong Update

There has been quite a bit of interest expressed in the possibility of starting up a Mahjong activity group.

Bev Waite, our Activities Chair attended the PROBUS Club of Pickering Mahjong group to understand a little about the game and what is required to start a group.

We will be sending out a survey to determine member interest, skill level and access to a set of tiles.

Watch for the survey!!

APP-TEASERS

When our Nibbles group reached capacity, and in response to requests, a new “nibbles-type” group formed called App-teasers.

The plan is for it to be an informal afternoon gathering for conversation, snacks, and drinks. It will be held on the fourth Tuesday of every month and each month a member will host the group in their home/backyard.

The next App-Teaser will be on Tuesday, August 22nd. If you are interested in attending, please email Roseann at blakeroseanne695@gmail.com who will share more details.

BILLIARDS

The PROBUS Club of Durham West has been invited to join two other PROBUS clubs to play billiards every other Friday.

Where: Petrina's Billiards – 21 Harwood Avenue South, Ajax.
(The entrance is on the north side of the building).

When: 11:00 a.m. until 1:00 p.m.
The August dates are the 11th and 25th.

Cost: \$6.00 for two hours

The bar will be open but no food will be available.

This is a drop-in format and registration is not required.

If you have any questions please contact Bev Waite at bev.waite@outlook.com.



BOWLING

Bowling will be inactive over the summer but will resume in September.

Bowling is once a month usually on the fourth Thursday afternoon.

Location: Ajax Bowling Centre, 172 Harwood Avenue South.

Cost: \$11.00 includes 2 games and shoes (\$2.00 for shoes)
\$9.00 if you have your own bowling shoes. Payment at the bowling alley.

Please contact Janice Doll at kty-pwr@rogers.com **each month** if you would like to bowl or call 905-239-0719 for more information.

BREAKFAST CLUB

On the first Tuesday of each month, a group of Probus members gather at a restaurant for breakfast.

Ajax has many wonderful restaurants open for breakfast.

There is lots of chatting over a nice hot coffee or tea and a good breakfast.

New members of the group are welcome.

For more information please feel free to contact: Linda Robbins at Richard.robbins@sympatico.ca.

Looking forward to meeting new members.

CINEMA CLUB NEWS

On Saturday, July 15, a group of us met at Landmark Cinemas in Whitby and watched, Mission Impossible – Dead Reckoning.

It was an action-packed movie with interesting characters. We all enjoyed it.

After the movie, we went to Mr. Greek for great food and a lively chat.

The next movie date will be Saturday, August 19, 2023 at Landmark Cinemas in Whitby.

If there is a movie you'd like to see, please let me know.

If you have any questions or would like to join us, you can contact Karen Dryden at kdryden2852@gmail.com or Anne McKenzie at annel.Mckenzie@gmail.com

CREATE AND CHAT

The July meeting of Create and Chat was lively, as always, and informative.

Thirteen members attended the meeting at Parkside Lifestyle Residences and a display of current projects commenced followed by a discussion of projects 'in the works'. Some red scarves were brought in for the Aids Durham donation at Christmas, and a couple of beautifully crafted Hallowe'en costumes were also submitted for the preemie babies at Sunnybrook Hospital. Bev will be delivering them closer to Hallowe'en.



You don't have to be a member of this group to contribute a scarf or costume. You can bring your creation to any meeting and it will be gratefully received. If you need more information please contact Sharon Marshall.

Roseanne introduced us to a quilted 'fidget' blanket she created that helps calm people with dementia and Alzheimer's.

For more photos of our projects [Click here](#).

For more information on the group please contact: Sharon Marshall, at oxford9390@gmail.com

DARTS

Darts are on hold for the summer months and will start again in the fall.

This is a drop-in format, and registration is not required, but members must bring their own darts.

For information contact: Ruth Bridge at rbridge@rogers.com



DINNER GROUP – “Dinner is Served”

We met at the Brooklin Pub on July 27. As usual, there was good food and lively conversation.

The shepherd's pie was very popular!

For more information contact: Maria Bawcutt at bamb63e@gmail.com



DURHAM WEST MARATHON BRIDGE CLUB

If anyone is interested in signing up for Marathon Bridge we will be doing sign-ups in August.

Please call or email us for further information.

Dave Powley at, powleydi@gmail.com or (905) 683-1444

FRIENDLY EUCHRE

Friendly Euchre will start again on **September 8th** at the Ajax Library. Doors will open at 1:30 p.m. and games will start at 2:00 p.m.

During the last year, from September 2022 to June 30, 2023, we played on 20 Friday afternoons. Players are emailed telling them who the three high scorers are for that day.

[Congratulations to:](#)

Marilyn Brown for making the **top 3 list** 9 times;

Gail Aziz, 5 times;

Jim Upfold and Ken Buffett, 4 times; and

Mary McFadden and Norine Findlay, 3 times.

If you signed up for Friendly Euchre and no longer want to participate, please contact Ann Buffett at annbuffett28@gmail.com and let her know.

If you are interested in joining the group just come to the library and sign up. Everyone is welcome.

GARDENING CLUB

On June 6th, the Probus Garden Club met for the first time in 2023 to plan outings for the remainder of the year.

Parkland Lifestyle Residences very kindly provided a meeting room for the group and an outing schedule was developed for every month of the remainder of the year, right up until December.

Contact:: Sharon Fenn at slf809@hotmail.com or
Sharon Jackson at sharonrjackson20@gmail.com

LET'S EAT

The Let's Eat Group did not meet in July. Our next dinner will be on August 17th hosted by Sharon Marshall.

If you are interested in joining a fun group, we would love to have you join us.

For more information contact: Ada Larock at larockgrada@gmail.com

NIBBLES AT NIGHT

Another great evening of outdoor Nibbles hosted by Fran Griffin and attended by 18 members + 2 guests from Montreal. It was a delightful gathering with yummy nibbles and lots of laughter, both good for the soul.

Our Nibbles group is currently at capacity.

[Click here](#) for more pictures.



For more information contact: Fran Griffin at frangriffinhome@gmail.com

NORDIC POLE WALKERS

Walkers meet twice a week on:

Mondays at the Ajax Rotary parking lot; and
Fridays at the end of Lake Driveway and McClaren in Ajax at 10:00 a.m.

No registration is required. Just show up with or without poles, your choice.

For more information contact Eileen Nixon at eileennixon8585@gmail.com.



NOVEL READERS BOOK CLUB

The Novel Readers meet monthly, usually on the first Wednesday of the month.

We do not meet during July and August.

We currently have full membership.

For more information, please contact Liz Ryan at mikelizryan50@rogers.com

OUTDOOR GOLF GROUP

Golf is in full swing at Hawthorne Valley. No holes in one to report as yet but we are working on it.

Let them know you are a PROBUS member, and you will get the special rate.

Hope to see you on the fairways!

If you are interested in joining us email Marcia Everitt at marciaeveritt@yahoo.ca



SNAPPED CAMERA CLUB

Snapped went back in time to pay a visit to the Pickering Museum Village for their July outing. The weather was perfect for our outing. The Pickering Museum Village is located in Greenwood approximately 15 minutes from Ajax. We saw a variety of buildings such as the oldest building at the museum, a blacksmith and workshop building, a general store, Brougham Temperance House, Duffin's Creek General Store, Bible Christian Chapel, Collins House and many more. We were guided through the village by a very informative tour guide.

For more pictures [Click here.](#)

If you are interested in joining Snapped, please contact Lorna Smith at lsmith1@bell.net



TABLE TALK

The Table Talk group met in June but will take a break over the summer and restart in September.

For more information contact Shahid Naeem at naeemsx@gmail.com

UKULELE STRUMMERS

The ukulele strummers are looking forward to reconvening on Wednesday, September 13th following our summer break. Details will be emailed to group members closer to the event. Keep on strumming and humming! We will be together again soon!

Membership is currently at capacity.

For information contact Sue Porter at s.e.porter@rogers.com



WEDNESDAY WALKING GROUP

Join us each Wednesday at 10:00 a.m. for a one-hour walk (or stroll) along pathways in the area. There is no need to confirm your attendance....just show up when you can. You can walk quickly with like-minded people, or you can saunter/stroll along with others. The choice is yours.

We walk rain or shine. However, the routes each week are selected based on the weather reports. We try to have locations with washroom access when possible. If you would like to be on the email list for the weekly locations, just send your name and email address to Bernice Pyke and she will put you on the list. Hope to see you on the trails for some conversation and gentle exercise.

[Click here](#) for more information and pictures of our walkers.

Contact Bernice Pyke at billandbernicepyke@hotmail.com



WORDS WORTH READING BOOK CLUB

We will be taking a break over the summer so our next meeting will be in September.

Our book club meets monthly from January to June on the third Tuesday of the month.

Presently our book club is at capacity.

Contact: Jean Jackson at 905-420-6410 or jeanej@rogers.com



SHARING OUR RECIPE(S)

Recipe Courtesy of Patricia Bolger

This is one of my all-time favourite salads! I pirated this recipe from my sister-in-law, Brenda, and I can clean up a whole bowl of Japanese Salad at any BBQ or potluck event. You may already know this recipe as Oriental Cabbage Salad.



“**The Big Guy**” is not so keen on the cabbage but he can definitely find a **Cold Lite Tall Boy** to complement the sweet and salty taste that has a crunchy mouth feel. The crunch is from the almonds, sunflower and sesame seeds mixed with the dry, kinky ramen noodles found in a package of chicken or shrimp-flavoured Sapporo Ichiban dry soup mix. Keep the flavour package from the noodles to use in the dressing. You can prepare the dressing ahead of time and store it in the fridge. You can even double the dry ingredients then toast, cool and store in a jar for a couple of weeks. You can easily alter this salad for 2 people or 10 guests. Just remember to add the dry ingredients a few minutes before serving!

Japanese Salad	
<p>Dry Ingredients:</p> <p>½ cup slivered almonds 2 Tbsp sesame seeds ¼ cup sunflower seeds 1 pkg Oriental noodles, crushed</p> <p>Toast in a dry pan over medium heat. Stir often as they can burn easily.</p> <p>Salad:</p> <p>½ head of cabbage, shredded fine ½ cup green onions, chopped ¼ cup carrots, shredded</p> <p>(PS- A bag of shredded cabbage can be purchased.)</p>	<p>Dressing:</p> <p>1 pkg of seasoning from the noodles ½ cup olive oil 4 Tbsp light soya sauce 3 Tbsp vinegar 1 Tbsp sugar 1 tsp salt ½ tsp pepper</p> <p>Make the dressing ahead and store in the fridge.</p> <p>Bring back to room temperature before pouring onto the salad.</p>



For updates from the Town of Ajax, including the Library News please click on the link below:

https://view.publitas.com/ajax/55plus-link_newsletter_spring-2023/page/1

SCWW (Seniors Centre Without Walls) operates Monday through Wednesday and provides free virtual programs in which older adults and seniors can participate in comfort from home.

To participate in the program via Zoom or call-in, contact 55plus@ajax.ca or call 905-619-2529, ext. 7243

Town of Ajax - Recreation, Culture & Community Development

Laura Rae, Policy & Community Support Coordinator for the Town of Ajax will make a short presentation at the August 10 General Meeting to provide our members with information on the following topics:

- Spotlight Speaker Series - a series of nine free educational workshops;
- Age-Friendly Ajax Steering Committee - They are recruiting new members;
- Ajax Living Library. They are looking for people with interesting stories and perspectives to volunteer to be "Human Books" as part of this project.

Ajax Library Bridge

Library Bridge takes place in the Rotary Room at the Ajax Library's main branch.

The following schedule is for bridge at the library for August.

Thursday, August 10, 2023, 2:30 p.m. to 4:30 p.m. Social Bridge

Thursday, August 17, 2023, 2:30 p.m. to 4:30 p.m. Social Bridge

Thursday, August 24, 2023, 2:30 p.m. to 4:30 p.m. Social Bridge

Thursday, August 31, 2023, 2:30 p.m. to 4:30 p.m. Social Bridge

If you have questions please contact Harvey Brodhecker, hbrodhecker@yahoo.ca

Town of Ajax 55+Wellness and Information Fair

A 55+ Wellness and Information Fair arranged by the Town of Ajax will take place on September 9, 2023, from 10:00 a.m. until 2:00 p.m. We have requested a table for this event as we continue to promote our club.

Town of Ajax – Music in the Square – Free Entertainment

Tuesday, August 1: 7:00 p.m. - 8:30 p.m. - Fiddlestix (Fiddle-Rock Band)

Tuesday, August 15: 7:00 p.m. - 8:30 p.m. - Exodus (Bob Marley Tribute)

Tuesday, August 29: 7:00 p.m. - 8:30 p.m. - Green River Revival (CCR Tribute)

All performances take place rain or shine. Performances will move indoors (Ajax Community Centre - HMS Room) during inclement weather and admission for indoor seating is on a first-come, first-served basis (280 capacity).



PROBUS Canada has worked with Johnson Inc., a national benefits provider, to offer a benefit plan custom-designed for our members. The plan includes the following voluntary benefit options that can be purchased on a stand-alone basis to meet your insurance needs:

- Extended Health Care (EHC) with "Prestige" Travel Insurance (includes Trip Cancellation)
- Dental Care
- MEDOC® Travel Insurance (includes Trip Cancellation)
- Stand-Alone Trip Cancellation/Interruption
- Guaranteed or Term Life Insurance

For more information visit

<https://www.probuscanada.ca/run-a-club/insurance/healthtravel-insurance>